

Easy Going by Linda Fisher



I designed these simple socks to accentuate striping or patterning of hand dyed yarns and yet, adding a little interest to a basically simple stockinet sock. This socks was designed and knit "off the top of my head" and has not been tested. They fit me wonderfully and I trust you will enjoy them too.

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Size: Circumference = 8"

Gauge: 8sts = 1" in stockinet stitch.

Materials: US # 1 (2.25mm) needles, or size to obtain correct gauge.
1 tapestry needle to weave in ends.

Yarn: Fingering weight sock yarn. Enough for a pair of socks of the length you desire.

Pattern Notes :

- Sock is knit from the cuff-down.
- I use a short row heel to maintain yarn patterning.
- When I worked these socks I knit the cable pattern center front and back. When it comes time to knit the heel, you can decide if you would like to continue the pattern centered or move it to the sides, as I did.
- The pattern is easily sized to fit your normal stitch count by adding plain stockinet stitches to either side of the cabled panel.

Abbreviations:

CO – Cast on

RS – right side

WS – wrong side

sts – stitches

K – Knit (indicated in the chart as a blank square)

P – Purl (indicated in the chart as a dash)

ssk – slip, slip, knit (slip as if to knit)

K2tog – knit 2 stitches together

w&t – wrap and turn. Slip next stitch to right-hand needle, bring yarn to front of work(RS) back of work(WS), slip stitch back to left-hand needle, bring yarn to back of work(RS) front of work(WS). Turn work to begin working in the other direction.

∩••∩ – 6CR – a 6 stitch Cable Right: place 4 sts on a cable needle and hold to the back, k2, move the 2 purl sts from cable needle to left hand needle, holding cable needle to the front, p2, k2 from cable needle.

Directions:

Cuff:

- CO 64sts, divide stitches evenly between needles.
- Join in the round and knit cuff as follows for 1 S inches:
- P1, [k2, p2]7 times, k2, p1, repeat to end of round.

Leg: Knit leg as follows referring to Cable Panel Chart:

- K 11, Cable Panel, k 11, repeat to end of round.
- Continue until you have reached the leg length you desire and ending with a row 5.

Cable Panel Chart:

	-	-			-	-			-	-			-	-			-	-			10	
	-	-			-	-			-	-			-	-			-	-			-	9
	-	-			-	-			-	-			-	-			-	-			-	7
	-	-			-	-			-	-			-	-			-	-			-	5
	-	-			-	-			-	-			-	-			-	-			-	3
	-	-			-	-			-	-			-	-			-	-			-	1
	-	-			∩••∩								-	-			-	-			-	1
	10		8		6	5		3		1												

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Heel Turn:

Setup: First you need to move the stitches around so that the 2 center purl stitches are centered on the sides of the leg and the 32sts for the heel turn start and end with one of those purl stitches from each cable. More specifically:

- k11, p2, k2, p1, these are Instep stitches, then
- P1, k2, p2, k 22, p2, k2, p1, these are the sole stitches. Remaining 16sts are also part of the instep. Continue working around until you are ready to start a RS heel row.

Heel stitches are knit back and forth as follows:

- Row 1(RS): K31 w&t
- Row 2(WS): P30
- Row 3: K to last unwrapped stitch, w&t
- Row 4: Purl to last unwrapped stitch, w&t

Repeat rows 3 and 4 until 8 unwrapped sts remain. This particular heel turn does not conceal the wraps, you may of course do so if you prefer.

- Row 5: Knit to first wrapped stitch, k1, w&t
- Row 6: Purl to first wrapped stitch, p1, w&t
- Row 7: Knit to double-wrapped stitch, k1, w&t
- Row 8: Purl to double-wrapped stitch, p1, w&t

Repeat Rows 7 & 8 increasing the number of double-wrapped sts until one double-wrapped stitch remains on each side of the heel.

Foot: Knit across the heel sts and begin knitting in the round.

Sole stitches are all knit (32sts)

Instep is knit as follows. P1, k2, p2, k22, p2, k2, p1(32sts)

Toe:

When foot measures 1.5 inches less than desired foot length, begin the toe decreases as follows:

- Round 1:
Sole: K1, ssk, k to last 3sts, k2tog, k1
Instep: K1, ssk, k to last 3sts, k2tog, k1
- Round 2:
Knit all sts

Repeat Rounds 1& 2 until 32sts remain.

Repeat Round 1 only until 16sts remain.

Bind off using Kitchener Stitch.